

PSI BETA® NEWSLETTER

Member of the Association of College Honor Societies

An Affiliate of the American Psychological Association and the American Psychological Society

THE NATIONAL HONOR SOCIETY IN PSYCHOLOGY FOR COMMUNITY AND JUNIOR COLLEGES

PUBLISHED BY PSI BETA, INC.

SPRING 2003

VOLUME 23, NUMBER 2



The President's Message—

How to Cope With Life's Transitions During These Turbulent Times

Tonja Ringgold, EdD
National President of Psi Beta
Baltimore City Community College, Baltimore, MD

The theme of "coping with life's transitions" seemed to be very appropriate and timely for this presidential message, given the state of turbulent times (i.e., war, budgetary constraints facing institutions and families) we find ourselves facing each day. For community college students who are faced with daily challenges of commuting to school, finding child care while they attend school, balancing work and education, and maintaining good grades, navigation through transitions is even more daunting. Never fear, what we need to realize is that transitions are normal, "short-term" life changes. They are usually characterized by a sharp discontinuity with the past. They have identifiable beginnings and usually definite endings and can be either voluntary (marriage) or involuntary (loss of employment).



Tonja Ringgold
Psi Beta National President

Whether voluntary or involuntary, transitions can be viewed as positive, negative or tragic. They are accompanied by a sense of loss (positive: marriage - loss of being single or negative: unemployment - loss of income), which we inevitably mourn. How we navigate through these transitions is determined in part on our "hardiness" as copers. Skillful "copers" are effective in appraising the possible threats and dangers in the change event, and can choose among alternative courses of appropriate action (Lazarus & Folkman, 1984).

Folks, attitude is everything and it is important that we understand how our attitudes, whether positive or negative, contribute to a satisfactory coping response. A key attitude, as pointed out by Kobassa, is to embrace "change" as a normal part of living, as opposed to a view that the transition is some kind of terrible curse, unlucky event, or unnecessarily difficult problem to solve. The effectiveness of viewing the transition as a challenging event, even welcoming it as an opportunity for creative growth, has much support in research (Kobassa, 1979). This thought is synonymous with viewing the glass as being half full instead of half empty.

According to Dr. Sidney Langston, in order to understand the meaning a transition has for you, one must examine the type of
(continued on page 2)

Call for DP2kB Summer Institute Applicants

Sandy Ladd
Founder and Co-CEO Executive Committee, DP2kB
Past President, National Psi Beta


Diversity Project 2000 and Beyond (DP2kB) will be in Toronto, Canada, this year from August 5th through the 8th. At present, ethnic minorities make up 29 percent of the U.S. population, yet only 5 percent are psychologists (APA Research Office, 2003). We do not have enough psychologists to serve specific populations in the U.S. Here is a case in point. In California, where the Hispanic population is now the largest ethnic minority group, it is a challenge to find a clinical psychologist who even speaks Spanish! And, I am not limiting that statement to those clinical psychologists who both speak Spanish and whose cultural background is Hispanic. One of my colleagues, who is a Clinical Psychologist for Kaiser Hospital in

(continued on page 5)

Chapters Elect Council Members

Members of the Psi Beta Nominating Committee are pleased to announce the election results. Active chapters elected Jaye Van Kirk, faculty advisor at San Diego Mesa College (CA) and Western/Rocky Mountain vice-president, to be the Psi Beta president-elect for 2003-04. She will complete her second vice-presidential term at the same time. Professor Van Kirk is chair of the DP2kB Committee and serves on the Allyn & Bacon Research Paper Awards Committee. Chapters nominated and elected two regional vice-presidents to serve a 2003-05 term. Alberta Johnson, PhD, Floyd College (GA) faculty advisor, is the newly elected Southeastern vice-president. Heather LaCost, faculty advisor at Waubonsee Community College (IL), will be the Midwestern vice-president.

Outgoing-president Beverly Burton, Piedmont Technical College (SC), will install the 2003-04 Psi Beta National Council in August, during the annual business meeting in Toronto. Kenneth Gray, PhD, College of DuPage (IL) will be president and Tonja Ringgold, EdD, Baltimore City Community College (MD), will become past-president. Eastern Vice-President Bill Cheney, EdD, Community College of Rhode Island, and Southwestern Vice-President Sharon Burson, EdD, will compete their two-year terms next year.

Former Psi Beta national presidents Dave Murphy, EdD, chair; Ann Ewing, PhD, and Jerry Rudmann, PhD, serve on the Nominating Committee. 

Inside...

Conventions	3
ACHS report	4
Activities	4
New Members	6
Recognitions	7
DP2kB application	7

PSI BETA®



THE NATIONAL HONOR SOCIETY IN PSYCHOLOGY
FOR COMMUNITY AND JUNIOR COLLEGES

The mission of Psi Beta is professional development of psychology students through promotion and recognition of excellence in scholarship, leadership, research and community service.

SPRING 2003

Carol Tracy, Editor

VOLUME 23, NUMBER 2

Psi Beta National Council

PRESIDENT

Tonja L. Ringgold, EdD
Student Affairs
Baltimore City Community College
2901 Liberty Heights
Baltimore, MD 21215-7893
tringgold@bccc.state.edu

PRESIDENT-ELECT

Kenneth Gray, PhD
Health & Social/Behavioral Sciences
College of DuPage
425 Fawell Boulevard
Glen Ellyn, IL 60137-6599
grayke@cdnet.cod.edu

PAST-PRESIDENT

Beverly Burton, MSW
Public Services
Piedmont Technical College
PO Box 1467 Emerald Road
Greenwood, SC 29648-1467
burton.b@ptc.edu

REGIONAL VICE-PRESIDENTS

EASTERN REGION

Loren William Cheney, EdD
Psychology
Community College of Rhode Island
400 East Avenue
Warwick, RI 02886
lcheney@ccri.cc.ri.us

SOUTHEASTERN REGION

Betty Matheson, MA
Arts and Sciences
Northeastern Technical College
Highway 9, PO Drawer 1007
Cheraw, SC 29520-1007
bmatheson@netc.tec.sc.us

MIDWESTERN REGION

Kenneth Gray, PhD
Health & Social/Behavioral Sciences
College of DuPage
425 Fawell Boulevard
Glen Ellyn, IL 60137-6599
grayke@cdnet.cod.edu

SOUTHWESTERN REGION

Sharon Burson, EdD
Psychology and Sociology
Temple College
2600 South First Street
Temple, TX 76504-7435
sharon.burson@templejc.edu

WESTERN/ROCKY MOUNTAIN REGION

Jaye Van Kirk, MA
Behavioral Science
San Diego Mesa College
7250 Mesa College Drive F255
San Diego, CA 92111-4998
jvankirk@sdccd.cc.ca.us

EXECUTIVE DIRECTOR

Carol Tracy
Psi Beta National Office
1027 Westbridge Lane
Chattanooga, TN 37405
<http://www.psi-beta.org>

Telephone: (423) 265-6555
(888) PSI-BETA
Fax: (423) 265-0033
carol@psi-beta.org

The *PSI BETA NEWSLETTER* is published three times a year: fall, winter, and spring by Psi Beta, Inc., The National Honor Society in Psychology for Community and Junior Colleges. Address all editorial communications to: Carol Tracy, Editor, *PSI BETA NEWSLETTER*, 1027 Westbridge Lane, Chattanooga, TN 37405 or carol@psi-beta.org.

President's Message

(continued from page 1)

transition (anticipated, unanticipated, chronic hassle), the context of the transition (setting in which the transition occurs, the relationship of the person to the transition), and the impact of the transition on your life (on relationships, routines, assumptions, roles). He further states that the more the transition alters your life, the more coping resources it requires, and the longer it will take for adaptation to occur.

Listed below are several basic coping skills for managing transitions (Langston, 2001):

- Accept the fact that transitional situations are a normal part of life and that it is possible to cope effectively with most of them. This will give you a sense of control over your life.
- Precisely describe the transitional situation so that you can understand its meaning in your life on an emotional and an intellectual level. This will help curb tendencies to act impulsively or to do nothing.

- Assess your external support system. Identify people in your life who will be there for you and network with them as needed. If they live at a distance, spend time with them on the phone. Express as honestly as possible your feelings about the changes that are occurring.

- Search out support groups in your community that will assist you to effectively deal with the transition.

- Carefully examine your internal support system. Assess the nature and strength of positive and negative attitudes toward yourself. Identify and affirm your personal strengths. Also, identify your weaknesses and the negative messages you send yourself. Where possible, convert the weaknesses into strengths, and begin sending yourself truthful messages. Truthful messages are freeing.

- Approach the transition as an opportunity for personal growth, rather than an insurmountable obstacle.

- Learn how to relax, and take time to do it. You cannot be expected to deal with the pressures of transition 24 hours a day.

- Identify and deal with the tendency to blame yourself for distressing situations. Discover the ineffective patterns you have repeated throughout your life in attempting to cope with transitional situations.

- Work toward changing ineffective attempts to cope by replacing these old behaviors with new ones. For example, learn to problem-solve by taking these steps:

Identify the problem — writing it down will help to clarify it;


Explore your options — write down all possibilities, the good, the bad, the ridiculous;

Consider the consequences and decide which option you can best accept in the light of the consequences;

Implement the option of your choice, giving it a reasonable amount of time to work; and

Evaluate the option to see how well it has worked and make changes where indicated.

Life is complicated enough being a student, don't get bogged down with transitions by making the wrong choice in dealing with them. Take control of your life and become a "hardy coper." Know who you are and what you want in life and pursue it diligently. Take responsibility for your actions and the consequences that come along with these actions. I have a sign posted in my office that reads, "You Have The Freedom of Choice...But Not Freedom From the Consequences of Those Choices!" Let's strive to make good, positive choices in response to life's transitions.

The management skills aforementioned can be reached not only through learning specific coping skills and attitudes, but also by acquiring knowledge about the nature of the transition process through engaging in a self-inquiry when the transition ends. This inquiry includes questions such as, "What did I learn about myself, others and the nature of transitions as a result of working through this transition?" The ultimate goal is for you to manage your transitions effectively and smoothly. Be aware that the length of time required for satisfactory resolution of any transition is dependent upon a number of mediating factors — good, sound decisions are key to all. 

Kobassa, S. (1979). Stressful events, personality and health: An inquiry into hardiness. *Journal of Personality and Social Psychology*, 37, 1-11.

Langston, S. (1994). *Coping Through Life's Transitions*. El Rophe Center, Inc.

Lawrence M. Brammer, Ph.D., is Professor Emeritus of Counselor Education at the University of Washington in Seattle.

Conventions

**AMERICAN PSYCHOLOGICAL SOCIETY
15TH NATIONAL CONVENTION, MAY 29–JUNE 1, 2003
HYATT REGENCY ATLANTA, ATLANTA, GEORGIA**

For information: Contact APS Convention Office
bmitchell.swain@psychologicalscience.org
(202)783-2077, www.psychologicalscience.org

**AMERICAN PSYCHOLOGICAL ASSOCIATION
111TH ANNUAL NATIONAL CONVENTION
AUGUST 7–10, 2003
TORONTO, ONTARIO, CANADA**

For information: Contact APA Convention Office, cwon@apa.org
(800) 374-2721, www.apa.org/convention/
APA Monitor on Psychology May issue
American Psychologist, March-May issues

**10TH ANNUAL PSI BETA DIVERSITY PROJECT 2000
& BEYOND (DP2kB) SUMMER INSTITUTE
AUGUST 5-8, 2003
TORONTO, ONTARIO, CANADA**

For information: Apply online: psibeta.org/public_pages/diversit.htm
Email Wanda Proctor: wandaproctor@hotmail.com

**15TH ANNUAL PSI BETA NATIONAL CONVENTION
METRO TORONTO CONVENTION CENTER
PSI BETA HOSPITALITY SUITE, LOCATION TBA**

Psi Beta's programs are scheduled in the Student Cluster with Psi Chi and the APA of Graduate Students (APAGS). The APA Committee of Psychology Teachers at Community Colleges (PT@CC) invites Psi Beta advisors to attend special programming for two-year college faculty. Psi Beta and PT@CC programs are listed in chronological order. For updated information and hospitality suite hotel location, please visit www.psibeta.org.

THURSDAY, AUGUST 7, 2003

9:00am–5:30pm, ANNUAL NATIONAL COUNCIL BUSINESS MEETING
Psi Beta Hospitality Suite, Hotel & Room Location TBA

1:00–1:50pm, PSI BETA/BOARD OF EDUCATIONAL AFFAIRS/PT@CC/
STP RUTH HUBBARD COUSINS DISTINGUISHED LECTURE
Metro Toronto Convention Center, Meeting Room 203 A
Topic: *Joy of Teaching*
Speaker: Charles Brewer, PhD, Furman University (SC)
Chair: Tonja Ringgold, EdD, Baltimore City Comm. College (MD)
Psi Beta National President

5:30–6:30pm, PSI BETA/DIVISION 52 (INTERNATIONAL PSYCHOLOGY)
RECEPTION FOR INTERNATIONAL PSYCHOLOGISTS
Psi Beta Hospitality Suite, Hotel & Room Location TBA
All Psi Beta members are invited to honor and meet well-known international psychologists.

FRIDAY, AUGUST 8, 2003

9:00–9:50am, PSI BETA/BOARD OF EDUCATIONAL AFFAIRS WORKSHOP:
LEADERSHIP WORKSHOP
Metro Toronto Convention Center, Meeting Room 202 A
Chair: Kenneth Gray, PhD, College of DuPage (IL)
Presenters:
Sharon Burson, EdD, Temple College (TX)
One Minute Leader
Jaye Van Kirk, ABD, San Diego Mesa College (CA)
Building Bridges of Opportunities to Leadership

10:00–10:50am, PSI BETA/PT@CC/BOARD OF EDUCATIONAL
AFFAIRS WORKSHOP: INNOVATIVE COMMUNITY COLLEGE TEACHING
METHODS, Using Technology to Teach Psychological Concepts
Metro Toronto Convention Center, Meeting Room 201 D
Chair: Tonja Ringgold, EdD, Baltimore City Comm. Clg. (MD)Ann
Ewing, PhD, PT@CC Chair, Mesa Comm. College (AZ)

Participants:
L. William Cheney, Community College of Rhode Island
Incorporating Interactive Activities Into a Career Planning Course
Beverly Burton, MSW, Piedmont Technical College (SC)
Groups in Cyberspace

12:00–12:50pm, PT@CC HOSTING CONFERENCES AND WORKSHOPS
FOR COMMUNITY COLLEGE FACULTY AND STUDENTS
Metro Toronto Convention Center, Meeting Room 201D
Moderator: Donna Duffy, PhD, Middlesex Comm. Clg. (NJ)
Panelists:

Jerry Rudmann, PhD, Coastline Community College (CA)
Pat Puccio, EdD, College of DuPage (IL)

4:00–4:50pm, PT@CC CONVERSATION HOUR RESOURCES FOR
COMMUNITY COLLEGE TEACHERS
Psi Beta Hospitality Suite, Hotel & Room Location TBA
Moderator: Jerry Rudmann, PhD, Coastline Comm. College (CA)

SATURDAY, AUGUST 9, 2003

11:00–11:50am, PT@CC: USING THE NEW STUDENT OUTCOME
STANDARDS IN PSYCHOLOGY TO IMPROVE STUDENT LEARNING
Metro Toronto Convention Centre, Meeting Room 201 D
Moderator: Robert Johnson, PhD, Umpqua Comm. College (OR)
Panelists: Jerry Rudmann, PhD, Coastline Comm. College (CA)
Donna Duffy, PhD, Middlesex Comm. College (NJ)

1:00–1:50pm, PT@CC: THE LAST LECTURE
Metro Toronto Convention Centre, Meeting Room 201 D
Moderator: Pat Puccio, EdD, College of DuPage (IL)
Panelists: Jane Halonen, PhD, James Madison University (VA)
Barney Beins, Ithaca College (NY)
Dave Murphy, EdD, Waubensee Comm. College (IL)

2:00–2:50pm, PT@CC/Psi Beta: INVITED ADDRESS
Metro Toronto Convention Centre, Meeting Room 201 D
What Inquiring Minds Want to Know: Can We Teach Thinking?
Speaker: Diane F. Halpern, PhD, Claremont McKenna Clg. (CA)
APA President-elect
Moderator: Ann Ewing, PhD, Mesa Community College (AZ)

3:00–3:50pm, PT@CC RECEPTION FOR DIANE HALPERN
Psi Beta Hospitality Suite, Hotel & Room Location TBA
All community college faculty are invited to attend.

4:00–5:00pm, PSI BETA AWARDS AND CHAPTER INFORMATION EXCHANGE
Psi Beta Hospitality Suite, Hotel & Room Location TBA
Co-Chairs: Tonja Ringgold, EdD, Baltimore City Comm. Clg. (MD)
Carol Tracy, Psi Beta Executive Director (TN)

Psi Beta Newsletter Subscription

\$7.50 per year for three issues
Circle First Issue Fall Winter Spring

Send to: _____

Address _____

City/State/Zip _____

Mail money order or check to Psi Beta Inc
Psi Beta National Office
1027 Westbridge Lane
Chattanooga TN 37405-4274

Association of College Honor Societies

The Association of College Honor Societies (ACHS) announced that Dorothy Mitstifer of East Lansing, Michigan, was recently appointed as the first Executive Director of the ACHS, and an Association Management Agreement was signed with Kappa Omicron Nu. Dr. Mitstifer, Executive Director of Kappa Omicron Nu, has served as the volunteer ACHS Secretary-Treasurer since 1976. This new position implements the transition to a professionally managed association with a seven-member Board, which was approved by the ACHS Council during the 2002 annual meeting. The 66 member honor societies of ACHS together have more than 12,000 campus chapters and induct more than 287,000 members annually.



The Psi Beta National Council held a retreat last November in Memphis, Tennessee, to evaluate and enhance Psi Beta's policies under the guidance of Dorothy Mitstifer, left, as facilitator. Visiting the Peabody Hotel lobby with Dr. Mitstifer are, left to right, Jaye Van Kirk, Ken Gray, Bill Cheney and Sharon Burson.

The mission of ACHS is to build a visibly cohesive community of national and international honor societies, individually and collaboratively exhibiting excellence in scholarship, service, programs and governance. The 66 member honor societies meet annually as a Council to collaborate, communicate ideas and vote on Council business. In 2002 the Council approved revised ACHS Bylaws and governance, which led to Dr. Mitstifer's appointment. In order to be in compliance with the revised ACHS Bylaws, Psi Beta, as all member societies, is in the process of revising its bylaws for chapter approval.

Psi Beta Executive Director Carol Tracy represented Psi Beta on the ACHS Council during the 2003 annual meeting held in Savannah, Georgia, February 20-23, 2003. Kay Wilson, Executive Officer of Psi Beta's sister honor society Psi Chi, was installed as the new president of ACHS. 

Community Service Project

Chapters, are you interested in a national community service project for 2003-04?

- **Ethics: A call to commitment—increasing college and community awareness of ethical behavior (model to be provided)**
- **Habitat for Humanity**
- **Heather's Bears**
- **All of the Above**
- **None of the Above**
- **Other**

Please forward your chapter's opinion to the national office by June 30.

Chapter Activities

The editor hopes that this report of activities will serve not only to inform and recognize members and others who participate in Psi Beta programs, but also to stimulate an exchange of program ideas among chapters. In addition, the contributions made by the chapters and their participants will be preserved for historical purposes, including preservation in the Archives of the History of American Psychology, Akron, Ohio.

EASTERN REGION

LOREN WILLIAM CHENEY, REGIONAL VICE-PRESIDENT
COMMUNITY COLLEGE OF RHODE ISLAND
lcheney@ccri.cc.ri.us

Do you want to know a unique way to show appreciation to your Psi Beta members and psychology faculty? The COMMUNITY COLLEGE OF BALTIMORE COUNTY-ESSEX (MD) Psi Beta Chapter held a faculty appreciation luncheon in conjunction with their spring induction ceremony. College President Dr. R. Wayne Branch honored the faculty and new members by giving the keynote address. A highlight of the ceremony was the presentation of three Psi Beta chapter awards. One student award was presented to a new member for Outstanding Commitment to the Chapter. Two faculty awards were presented—one for the Most Student Referrals and the other for Outstanding Psychology Instructor. We commend Faculty Advisor Stacy Kurth-Ford for her encouragement to and appreciation of her students and colleagues.

The Psi Beta induction ceremony at PRINCE GEORGE'S COMMUNITY COLLEGE (MD) was videotaped for the college's television station. The administration also sponsored a reception following the ceremony for the large crowd of members, family and friends.



Prince George's Community College (MD) Psi Beta Faculty Advisor Dr. Robin Hailstorks presented APA past-president and Psi Beta Honorary Member Dr. Philip Zimbardo, Stanford University (CA), a Psi Beta medallion and Certificate of Appreciation for his outstanding service and support of students and faculty.

COMMUNITY COLLEGE OF RHODE ISLAND Psi Beta and Psychology Club members attended the second annual mini-conference sponsored by the Rhode Island Teachers of Psychology (RITOP) for students and faculty from high schools, two-year and four-year colleges. RITOP was developed by participants, including Faculty Advisor Bill Cheney, in the PPP conference held in 1999 in Virginia. The RITOP conference featured a keynote speaker, Paper and Poster Sessions, talks on careers in psychology, a video program, a Psychology Jeopardy game and other interactive activities.

MIDWESTERN REGION

KENNETH GRAY, REGIONAL VICE-PRESIDENT
COLLEGE OF DUPAGE (IL)
grayke@cdnet.cod.edu

Psi Beta members of the MINERAL AREA COLLEGE (MO) Psi Beta Chapter held clothes and food drives for stocking local pantries and a Teddy bear drive. They took a field trip to the Farmington Mental Health Center to learn more about mental illness. Bruce Scott was a guest speaker on Forensic Psychology.



Psi Beta members at Waubensee Community College (IL) posed with Criminologist Robert Ressler (right) prior to his presentation. Standing with him, left to right, are Sabrina Dwight, Jason Culpepper, Wendy Smith, Beth Murtaugh, Julie Roberts, James Sandberg and Drew DeMott.

Last fall the WAUBONSEE COMMUNITY COLLEGE (IL) Psi Beta chapter and Phi Theta Kappa jointly sponsored a presentation by the nationally recognized criminologist and profiler Robert Ressler. Over 300 students and members of the community attended to hear him discuss his involvement in tracking down serial killers through forensic means. Several Psi Beta members are interested in pursuing a psychology career in forensics! The chapter hosted a booth to address psychological wellness, during the college's Wellness Fair. Also, the chapter has applied to the State of Illinois to "Adopt a Highway" along the two miles in either direction of the college's entrance where Psi Beta's name would be posted. Members attended the Midwest Institute for the Students and Teachers of Psychology conference held at the College of DuPage and plan to attend the MPA convention in Chicago. The chapter held a joint induction ceremony with the other honor societies on campus.

SOUTHEASTERN REGION
 BETTY MATHESON, REGIONAL VICE-PRESIDENT
 NORTHEASTERN TECHNICAL COLLEGE (SC)
 bmatheson@netc.tec.sc.us

The Psi Beta Chapter at SPARTANBURG METHODIST COLLEGE (SC) sponsored a field trip to the Holmesview Addictions Institute in Greenville, SC, to meet with the executive director Dr. Peter Brown and his staff for a tour and lecture on all of the institute's therapeutic components. Later, they met with over 40 inpatients in a group therapy encounter. The clients and Psi Beta members participated in role play on how the clients were going to successfully cope with their addictive behaviors after returning to their communities and family relationships. The students observed the clients behavior and interaction, as well as the method of therapy used by the institute's in-house psychologist. Afterwards, they discussed the role and growing need of professional addictions counseling. Advisor Pete Aylor reports that his chapter is growing rapidly and the members are very active.



Spartanburg Methodist College (SC) Psi Beta members are shown on their field trip to Holmesview Addiction Institution.

SOUTHWESTERN REGION
 SHARON BURSON, REGIONAL VICE-PRESIDENT
 TEMPLE COLLEGE (TX)
 sharon.burson@templejc.edu

WESTERN/ROCKY MOUNTAIN REGION
 JAYE VAN KIRK, REGIONAL VICE-PRESIDENT
 SAN DIEGO MESA COLLEGE (CA)
 jvankirk@sdccd.cc.ca.us

The MESA COMMUNITY COLLEGE (AZ) chapter of Psi Beta reports having a busy, but fun semester. The chapter is still offering its Evening Lecture series. During regular chapter meetings, eight career paths in psychology were highlighted with guest speakers. Doctors Skip Pollock, Wynn Call and Ellen Williams were some of the speakers. Members participated in numerous community service projects. They donated bags and bags of bears to local fire and police departments for Heather's Bears. They worked puzzles and made St. Patrick's pins with residents at the Greenfields retirement community. Currently, they are working with Hugs for Kuwait, a project to send letters to our troops.

SAN DIEGO MESA COLLEGE (CA) Psi Beta Chapter members held a car wash to raise funds to support chapter activities, including sending four students to WPA in Vancouver to present research posters and paying for the new members' Induction dinner. Invited speakers were Neil Allen Jepson of Alliant International University, who demonstrated biofeedback techniques, and Psi Beta alumnus Jason Daniel from San Diego State University, who presented his research on "Using the Behavioral Ecological Model to Develop Effective HIV Prevention Programs." For the chapter's community service event members participated in the NAMI Fun Walk, which raised money to provide education, support services and advocacy to improve the quality of life for those affected by mental illnesses. It was also an exciting opportunity to exhibit the chapter's new banner that President Jack Plouse purchased with a generous donation from his employer. The chapter reported that "Even though many of our members have full class loads and work schedules, we are trying to keep Psi Beta as one the best clubs on our campus." Psi Beta commends your successes!

Psi Beta Graduation Regalia

Order online or mail order to the Psi Beta Distribution Center.

- Honor Cords** Gold double cords, blue & gold tassels. \$10
- Medallion** 1 1/2" gold-colored seal medallion on 32" blue and gold neck ribbon. \$12
- Stole** 60" gold satin stole with blue Psi Beta seal embroidered on the right panel. \$20
- Tassel** 8.5" Gold and blue cap tassel with Psi Beta key. \$8

- Save money by ordering combinations!*
- Honor Cord/Medallion** \$20
 - Honor Cord/Tassel** \$17
 - Medallion/Tassel** \$19
 - Honor Cord/Medallion/Tassel** \$28
 - Honor Cord/Medallion/Tassel/Stole** \$46

*Shipping and Handling charges based on total order.
 Rush delivery available.
 Credit cards accepted.
 For Psi Beta members only.*

DP2kB

(continued from page 1)

who speaks Vietnamese, good luck! These examples focus on language, but we all know how important matching on cultural background and experience is when trying to establish rapport with a client in the health care professions. And, as it turns out, the American Medical Association is doing much better at establishing its diversity goals than we are in psychology.

DP2kB is a leadership and mentoring program, which occurs 2 days prior to and 2 days during the APA's annual convention. It is co-sponsored by the American Psychological Association, the Center for Mental Health Services, the National Institute of Drug Abuse of the National Institutes of Health and Psi Beta. Funding is available for the following four ethnic minority groups: African American, Hispanic, Asian and American Indian. In the future, we hope to find funding for International students, including Euro-Americans, all of whom can learn more about leadership and mentoring in a diverse context. However, because APA is focused on trying to address the health disparity issue in psychology, our current funding is limited.

If you are interested in applying, please go to the Psi Beta web site and click on Diversity or use the application in this newsletter on page 7. The program has been in existence since 1994 and we consistently find that students' vision of what is possible for themselves, both academically and professional, is transformed by the experience.

New Members

These are the names of new members whose registrations were received by the Psi Beta national office after publication of the Winter 2003

PSI BETA NEWSLETTER. Registrations received after April 9, 2003, will appear in the Fall 2003 NEWSLETTER.

- ALLEGHENY CNTY, COMM. CLG., N (PA)**
Mary Kate Baird
Deborah Kay Beck
Sandra J. A. Boden
Lisa M. Coglianese
Angela M. Cristina
Leigh A. D'Angelo
Laura Lynn Gillespie
Jerry R. Greek
Angela L. Harrington
Heather A. Jackson
Matthew B. Kellum
Bradley A. Kleinert
Carlena A. Kremer
Douglas A. McIlInay
Melanie R. Perorazio
Angela B. Sporrer
Ashley R. Thomson
- BALTIMORE CNTY., COMM. CLG. - ESSEX (MD)**
Judy E Clarke
Thomas Flis
Kelly Marie France
Joan Frink
Michelle K. Galvin
Norma Harper-Weldon
Jennifer C Keel
Kari M Krause
Seferina K Lozano
Candice McDonough
Afshan Rana
Irvin Sir L. Yates III
- BLINN COLLEGE (TX)**
Jennifer A. Callahan
Sheena R. Charanza
Uduak E. Chimezie
Kelly Dyanne Hogan
Amanda B. Standlee
Michael Taarea
- BREVARD COMM. COLLEGE (FL)**
Michael A. Bucalo
Iris E. Campbell
Tanya Sue Grimes
Amy Leigh Heaslet
Julie A. Kaffai
Brent Dennis Lohaus
Emily N. Thompson
Cynthia Wagner-Steele
- BROOKDALE COMM. COLLEGE (NJ)**
Andrew A Bace
Tinishia A. Bass
Carrie M Carretta
Jennifer Christensen
Vicki L DeVico
Judi A. Grobosky
Lindsay E Holeman
Lillian E. Lawton
William H Lawton
Amanda L Marois
Colleen B Neiman
Lil I. Noonan
Amber S. Stiles
Doug Stracquadanjo
Andrea L VanLenten
Karen L Venneri
Theodore W Wiberg
- CERRITOS CLG. (CA)**
Michelle A. Adams
Debra E Broussard
Amyrica Centeno
LiTing Chao
Azeem Chaudhry
Miguel A. Chavez
Ladylvory Ko Chua
Abraham Gutierrez
Chelsea D. Hogue
Ruth M. Holguin
Brandi Rae Lincoln
Patrick McMains
Reyna D. Mendez
Setika J. Narang
Ida Robles
Amanda J. Rowden
Veronica J. Sanchez
Ada A. Serrano
Michael L. Seymour
Allison M. Tillman
Dianne L. VanBeek
Cindy VanMeeueren
Miguel A. Vazquez
Patricia L. Wilson
- COLLEGE OF THE CANYONS (CA)**
Krisha D Begalla
Leslie M Bobb
Michelle Garabedian
Sean B. Goodman
Manami Mashiko
Stephen J Stewart
- COLLIN COUNTY COMM. CLG. (TX)**
Courtney Applegate
Jacob A. Banner
Tara Kay Drake
Patrick G. English
Stacey Marie Evans
Marc J. Felber
Michelle R. Frost
Yanan Gao
Alta June Gleason
Andrea Leigh Heath
Shadan Kishi
Jennifer Gail Luse
Nicole R. Minadeo
Christopher A. Moret
Courtney D. Pollard
David M Preciado
Jacie L. Schulman
Winter Laurel Stack
Sue Ann Tawwater
Rachel M Taylor
Stacie L. Verdine
Melora Kaye Weber
Linda P White
Wendy Windham
- COMPTON COMM. COLLEGE (CA)**
Nicole Armstrong
Damon Chambers
August Hoffman
Pirkana Johnson
Beverly Knox
Alicia Mundy
Lourdes Ramirez
Karla S. Rivera
Lisandro Rivera
Bryant M. Trepagnier
Rashanda Young
Leticia Zamora
- COTTEY CLG. (MO)**
Emily J. Arzate
Tarryn A. Drinkell
Beth M. Fawcett
Erin R Loughran
Erin M. Lutgens
Cristin M. OMalley
Elizabeth R. Peters
Angela E. Sollman
- FAULKNER STATE COMM. CLG. (AL)**
James B. Etheridge
Stephen M. McCroy
- GEORGIA PERIMETER CLG.**
Philip A. Eberhard
Patricia A. Grundtner
Stephanie Joy Harris
Emily B. Meyer
Lorraine M. Petgrave
Amanda Heidi Prior
Marko Purdue
Tina Marie Sweeney
- GLENDALE COMM. COLLEGE (AZ)**
Charles Baker
Cynthia Crigler
Amber Draghi
Anne Fox
Renee De La Fuente
Kimberly Hobbs
Thomas Holcomb
Melissa LaFave
Toni Loafman
Steven Marsh
Marcia McClendon
Lisa Miller
Sara Rankin
Lyle Richards
- HINDS COMMUNITY COLLEGE (MS)**
Megan N. Beasley
Aimee E. Berrong
Rayna K. Berry
Kimberly D. Booth
Raven Caraway
Melanie R. Casey
Lauren Elise Currie
Fallon Marie Dorris
Kellie N. Flanagan
Heather N. Goodson
Geoffrey Hannah
Kellye L. Hazelwood
Kimberly R Johnson
Joseph A. Kazery
Anna Larson
Allison Valeria Lester
Melanie R. Mendrop
Emily Paige Miller
Joni Nicole Palmer
Michelle Redmond
Rachel E. Sentell
Jana Leigh Sullivan
Haley J. Teague
Olivia Rose Vaughn
- HUDSON VALLEY COMM. CLG. (NY)**
Brian Atchinson
Emily L. Colton
Jonathan M. Dron
Cheryl L. Lobdell
April M. Seymour
- JOHN A. LOGAN COLLEGE (IL)**
Ashleigh D. Beltz
Jessica Nicole Dunn
Caryn E. Epperly
Nikki Lynn King
Kelly Lynn Matthews
Henry R. McGee
Marissa A. Shelton
Cassie N. York
- LAKE MICHIGAN COLLEGE**
Jacqueline Carlson
Karl W. Johnson II
Lindsey K. Lake
Lakisha Nicole Miles
Dara Rose Smith
Ashley Nicole Zelvis
- LUZERNE COUNTY COMM. CLG. (PA)**
Michael Bach
Leandra M. Barnes
Deborah K. Beck
Brenda Berkheiser
Donna Bomboy
Jeff Borosky
Valerie Anne Burdick
Scott J. Cerullo
Erica M. Chonskie
Barbara J. Christina
Christina Collins
Bert A. Cumberland
Deanna J. Dow
Dawn Marie Durant
Melissa M Eckroth
Kristen J. Gadowski
Jennifer Glasson
Catherine E. Gorgan
Mary T. Grohol
Tara M. Hill
Desiree M. Hooper
Cathy Jackson
Hilda Kanios
John M. Kulick
Jonathan G. Kyte
Mary C. McGeer
Corianne McMynne
Stephen P. Meier
Kami Jo Miller
Diane M. Molzahn
AnnMarie Morreale
Kim B. Mull
Laurie A. Nilsen
Bruce Allan Partches
Stacey R. Pellegrino
Tiffany Pendergast
Eva Pogash
Charles R Prentiss
James E. Pusti-Jr
Teresa Redwinski
Lauren J. Ritchie
Cindyann Robbins
Derek Scanlon
Sheryl L Scrobola
Mary Ann Sherwood
Michael A. Sikora
Alexander C. Smith
Kevin W. Snyder
Jennifer Lynn Strohl
Lori J Wascavage-Turner
Ruby M. Whitmoyer
Lisa Renee Witthar
Heather B. Zawatski
- MCLENNAN COMM. COLLEGE (TX)**
Sandra D. Allen
Amythest Lee Brice
Carolyn Diane Duggan-Gaubert
Kari A. Freyer
Jeffery L. Humphrey
William L. Mears
Anna Marie Miller
Julie A. Ming
Candy Ann Moreland
Christy Maria Patton
Valerie S. Patton
Cynthia Van Antwerp
Courtney Weaver
Beverly K. Williams
- MESA COMMUNITY COLLEGE (AZ)**
Kelsi Rose Burrell
Bryce Ethan Carter
Jonathan P. Davis
Gloria R. Espinoza
Patricia Y. Gracia
Tanya N. H. Heilner
Scott D. Macfarlane
Joshua D. Menefee
James A. Nagy
Angela Pinillaherrera
J. Ryan Spence
Refina Willie
- MINERAL AREA COLLEGE (MO)**
Deborah S. Brandel
Kathleen M. Gould
Connie J. Green
Joshua Hinkenbein
Terah E. Peterson
Stephanie S. Porter
Theron James Ratliff
- MT. SAN ANTONIO COLLEGE (CA)**
Marissa Iliscupidez
- NORTH IDAHO CLG.**
Lorie Ann Heinrichs
Sarah A. Nielsen
Shelley Rae Phillips
Crystal M. Pitts
Heather L. Stalnaker
Rosemary Villarreal
Shellice L. Wilson
- NORTHEAST TEXAS COMM. COLLEGE**
Audrey C. Benton
Joanna D. Cannon
Brandy Dawn Clark
Lindsay D Cook
William E. Cooper
Beth Ann Derrick
Kimberly S. Dodson
March E. Dominguez
Terri D. Foster
Karina Guzman
Miranda E. Harper
Audra Ann Messimer
Erin E. Parker
Brandi L. Schuessler
Mekea F. Simon
Leigh N. Thomas
- ORANGE COAST COLLEGE (CA)**
Dawn L. Bricker
Brianna Switzenberg
- PIEDMONT TECH. COLLEGE (SC)**
Jamie Laurie Adams
Lebra S. Allen
Cheryl Denese Bell
Phylis N Bishop
Cynthia D. Caldwell
Shannen A. Charles
Stephanie L. Collins
Charlie W. Coxe
Denise Crain
Candice D. Crawford
Linda Favor-Dawkins
Donna P. Freeman
Beverly D. Garron
Dancy Golden
Jessica R. Gresham
DeRhonda Henderson
Dena Camille Hodge
Lacey M. Hoppe
Kikki Jeffery
Jessica Renee Kelly
Samantha L. Kohler
Ashely N. Martin
Eric Trent Moss
Thea Nicole Pope
Eric R. Reformado
Stephen C. Sanders
Bonita T. Scruggs
Alice Jean Shelton
Amanda Snyder
Cheryl E. Sorrow
Norma C. Strickland
Dealena M. Walker
Rose H Williams
Tanisha Williams
- POLK COMMUNITY COLLEGE (FL)**
Carolyn L. McClary
- PRINCE GEORGE'S COMM. CLG. (MD)**
Oyesola O. Akintan
Rosebud M. Archer
Karen Y. Arrington
Nicole M. Bigsby
Karleen V. Boyd
Kathleen Brockelman
Mariana A. Capati
Amelia J Carter
Cherice L. Carter
Carole Dorlipo-Miles
Elizabeth L. Godwin
Matthew G. Haley
Beverly Hayes-Matthews
Joylyn O. Hodge
Monica Holly
Mark E. Horton
Avis D. Jackson
Princess Jamieson
Denise D. Jones
Sonja L. Jones
Kyong S. Kim
Brenda Joyce Mills
Desiree A. Mosby
Thulisile C. Ndlovu
Annaghia M. Oliver
Conzuella Patterson
Regina A. Smith
Joyce G. Thompson

New Members

(continued from page 6)

Stephanie A. Tillman
Richard Washington
Carolyn E. Williams
Kecia Q. Wright

ST. LOUIS COMM.CLG.
FLOR. VALLEY (MO)
Laurie A. Brown

SAN DIEGO MESA
COLLEGE(CA)
Debra Ballard
Jeff A Duran
Joseph A Fernandez
Wagner Irasema
Spasena P. Koleva
Alex S. Kowalczyk
Jody Shea Moran
Steven D. Redican
Manh Thi Van
Vicky J. Van Meter
Jeannete Villagran
Troy R. Wegleitner
Suzanne C. Wood

SAN JACINTO CLG.
SOUTH (TX)
Nick J. Sahadi

SEMINOLE STATE
COLLEGE (OK)
Stephanie M. Cole
Rachel Jane Lam
Shawn R. Madden
Stacey D. Severe

SOUTHWESTERN
ILLINOIS COLLEGE
Andrew E. Monroe

SPARTANBURG
METHODIST
COLLEGE (SC)
Meka H. Adams
Nichelle Ann Alston
Bradley James Bell
April Joy Davison
Ashley Brooke Hart
Ariel N. Henderson
Leah Michelle Hood
Jenna Rae Hyde
Ashley Lynn Kersey
Emmanuel Makali
Sarah Anne Melzer
Lindsey Ivey Page
Jayna N Patel
Hannah M. Payne
Clint Boyce Settle
Bryan C. Shaw
William Straughan
Stacey D. Vatalaro
Jordan Ryan Walker
Theresa K. Whitson

ST. PHILIP'S
COLLEGE (TX)
Martha L. Dame
Margaret A. Garza
Valeria D. Gonzales
Melissa C. Grimmitt
Brandy Guzman
Donald Hardnet
Maria Leal-Willett
Zelvia Rodriguez

TEMPLE CLG. (TX)
Jeffery R. Bannister
Matthew A. Basonic
Chynna Sue Blair

Rebecca K. Bright
Angela K. Clay
John David Coppin
David J. Cummings
Jena Sha Cushman
Sheila Dilworth
D'Ann L. Duarte
Robert P. Duckworth
Stephen W. Eller
Christina E. Francis
Erma Louise Green
Anne M. Hines
Candace A. Malseed
Lacey L. Persky
Tamiane E. Pygott
Melissa F. Russell
Chelsea F. Schilling
Anita Kay Sheridan
Rebecca S. Tomek
Dominique Trunzo
Madeline Warschak
Emilie R. Ziegler

WAUBONSEE COMM.
COLLEGE (IL)
Lucille Burroughs
Christina E. Cooper
Natalie S. Gibbons
Megan J. Hannigan
Sneh A Hira
Ashley B. Hopp
Daniel Jaquez
Amy E. Johnsen
Kimberly LeCompte
Laura A. Lopez
Lisa Renee Martin
Saul Olivas



**2003 Diversity Project 2000 and Beyond (DP2kB)
Application
August 5-8, 2003, Toronto, Ontario, Canada**

PART I - To be completed by applicant

Name _____

Ethnic Identity* _____

Psi Beta Chapter Date Inducted _____

Address _____

Telephone _____

E-mail _____

Are you an American citizen? Yes No

Do you plan to earn a BA or BS degree in psychology or a related field? Yes No

When do you plan to transfer to a four-year institution? _____

Will you commit to attending the 2003 DP2kB Summer Institute if you are offered a grant? Yes No

PART II - Supporting Documentation

A. Attach a copy of your transcript and highlight psychology courses completed.

B. List awards and honors received within the last three years.

PART III - To be completed by Psi Beta faculty advisor

Name _____

College _____

Address _____

Telephone _____

E-mail _____

Please attach a statement explaining why you support this applicant as a candidate for the 2003 DP2kB Summer Institute.

Signature _____ Date _____

* African-American, American Indian/Alaskan Native, Asian American, Hispanic/Latino(a)

Submit ONLINE www.psibeta.org or mail to Sandra Ladd, Psychology, West Valley College, 14000 Fruitvale Ave, Saratoga, CA 95070-5698 or email as an attachment to sandra_ladd@westvalley.edu

New Chapter

SCHOOLCRAFT COLLEGE

Livonia, Michigan (Midwestern Region)

Charter Date April 18, 2003

Faculty Advisor Colleen Pilgrim, PhD

Certificates of Appreciation

COMM. COLLEGE OF BALTIMORE COUNTY-ESSEX (MD)

M. Christy Bergland, ATR-BC, LCPC, Outstanding Service, April 4, 2003

R. Wayne Branch, PhD, Outstanding Service, March 7, 2003

Gregory T. Kurth-Ford, MA, CAS, LCPC, Outstanding Service, April 4, 2003

Seferina K. Lozano, Outstanding Service SGA Representative, Sept-Dec, 2002

Dt. Jeannie Pilarski, Outstanding Service, April 4, 2003

BROOKDALE COMMUNITY COLLEGE (NJ)

Peter F. Burnham, PhD, Outstanding Commitment and Support, April 9, 2003

Lori L. Kaszuba, Outstanding Service as Secretary, April 9, 2003

Kirsten Kristensen, Outstanding Service creating newsletter *Betanings*, April 9, 2003

PRINCE GEORGE'S COMMUNITY COLLEGE (MD)

Philip Zimbardo, PhD, Outstanding Service to Students, April 2, 2003

PSI BETA NATIONAL COUNCIL

Ann Ewing, PhD, Outstanding Service, May 4, 2003

Sue Oliver, PhD, Outstanding Service, May 4, 2003

Colleen Pilgrim, PhD, Chartering a Chapter, Apr 18, 2003

Kari Tucker, Outstanding Service, May 4, 2003

Jaye Van Kirk, Outstanding Service, May 4, 2003

New Chapter Officers

ANNE ARUNDEL COMMUNITY COLLEGE (MD)

Pres Renata F. Carneiro

Vice-Pres.. Sarah McMillen

Sec/Treas..... Rachel Acree

BALTIMORE COUNTY, COMMUNITY COLLEGE OF -ESSEX (MD)

Pres Thomas Flis

Vice-Pres..... Afshan Rana

Sec .. Candice McDonough

Treas Judy Clarke

SGA Rep Joan Frink

MINERAL AREA COLLEGE (MO)

Pres Chasity Boyd

Vice-Pres... A. Renee Berry

Sec Rachel Rollet

SAN DIEGO MESA COLLEGE (CA)

Pres Jack Plouse

Vice-Pres. Charlotte Evans

Sec Alex Kowalczyk

Treas Steven Jackson

AS Rep Diana Russell

Historian Stephen Frost

WAUBONSEE COMMUNITY COLLEGE (IL)

Pres Sabrina Dwight

Vice-Pres... Beth Murtaugh

Sec Jason Culpepper

Treas Julie Roerts



Psi Beta

National Honor Society in Psychology
for Community Colleges
1027 Westbridge Lane
Chattanooga TN 37405-4274

Non-Profit
U.S. Postage
PAID
Permit No. 113
Chattanooga, TN

Psi Beta Distribution Center

PMB 179, Suite 200
8918 W. 21st North
Wichita, KS 67205
orders@psibeta.org
(316) 722-0648
Fax (316) 721-7631

New!

Psi Beta Graduation Stole



May 15 Award Deadline
Allyn & Bacon Research Papers
June 1 Award Deadlines
Ann Garrett Robinson College Life
Carol Tracy Community Service
Wadsworth Outstanding Chapter
Virginia Staudt Sexton Faculty Advisor
for award submission requirements
and cover sheets go to
www.psibeta.org ➔ Handbook ➔ Awards

www.psibeta.org

Contributions to Psi Beta

Psi Beta is a 501(c)(3) nonprofit corporation; all contributions are tax deductible to the extent allowed by law. Please make your contribution check payable to *Psi Beta, Inc.* and mail to the Psi Beta National Office, 1027 Westbridge Lane, Chattanooga, TN 37405-4274.

Friends under \$25 Gold Circle \$250 to \$500
Advocates \$25 to \$100 Key Circle \$500 to \$1,000
Blue Circle \$100 to \$250 Honor Circle \$1,000 and over

Amount of contribution enclosed:

In honor of _____

In memory of _____

Name _____

Home Address _____

City/State/Zip _____

Telephone/email _____