Psi Beta Research Study (2019-20)

Focus on Workforce Skills

* Required

Overview and Consent to Participate

You are invited to participate in this study. This study investigates two topics: 1) Engaging in face-to-face conversations, and 2) self-confidence in four job skill areas. The job skills being measured are Communication, Collaboration, Analytic Inquiry, and Self-Managment. There are no right or wrong answers, so please be frank and help us better understand how college students rate their present level of conversational comfort and job skill preparation. We are also examining the relationship between several different conversational scales, so at times it may seem as if you are being asked the same question, but it is important that you answer each question as accurately as possible.

Participants much be at least 18 years old.

The research team conducting this study may present the findings at a professional conference or in a journal publication, but the identify of all participants will remain unknown. Your responses shall remain completely anonymous.

This study involves very little risk. There is no harm or discomfort associated with this study beyond those encountered in normal daily life. There are no guaranteed benefits for participating in the study. Your participation is voluntary. There is no cost to you for participanting. You may refuse to be in the study or stop at any time without penalty.

Any research data collected will be stored securely on password protected computers and secure servers for an indefinite period. The stored data will not include information that could identify you (like your name or student ID). Only members of the research team will have access to the data.

If you have any questions, comments, or concerns regarding this research, please contact the Co-Principal Investigators, Dr. Jerry Rudmann at Irvine Valley College, CA by email at jerryrudmann@gmail.com or Dr. Katherine Wickes at Blinn College, TX at katherine.wickes@blinn.edu.

1	. Voluntary Co	onsent Acknowledgment *
	agree to parti	s" below indicates that you have read the above information in this consent form and cipate by answering the question on the questionnaire below. Choosing "yes" also you are at least 18 years of age. e oval.
	Yes	
	O No	Stop filling out this form.

Instructions! Please read the following!

Please respond to the following items. Be honest - there are no right or wrong answers. Use the following scale, with "1" being "Strongly Disagree" and "6" being "Strongly Agree"

2. Section 1 - Workplace Skills *

Mark only one oval per row.

	1 -	SD	2	2	3	4	5	6 -	S
I feel comfortable working in group settings.		\supset							_
I would rather be the person who gets to lead a group project.		\supset							_
People easily understand what I mean when I am talking to them.									=
I struggle to manipulate numbers		_							=
in a spreadsheet. Writing is not a strong skill for me.		$\overline{}$					\equiv		=
I can easily think of ways for		\leq					\leq		=
testing my research questions.		\mathcal{L}					-		_
I prefer not to volunteer for more than I have to already do.		\supset							_
I can persuasively present my ideas through my writing.		\supset							_
My mind seems to go blank when I have to speak in front of a group of people.		\supset							_
I have difficulty delegating when working in groups.		\supset							
I feel uncomfortable in professional settings.		\supset							_
I have trouble evaluating the quality of information I get from publications.									_
I struggle to gather the information from reliable sources.		\supset	\subset						_
People often misunderstand my point when reading my writing.		\supset	\subset						_
I have difficulty planning a project from start to finish.		\supset							
I typically remember all information I read.		\supset							_
Others sometimes believe that I can be somewhat unreliable in meeting deadlines.									_
My mind tends to wander when someone is verbally telling me what needs to be done.									_
It is easy for me to follow written directions.		\supset						\subset	
I can easily use software to create tables and graphs to effectively display information.		\supset							_
I am eager to learn new information.		\supset							_
When I have multiple projects, I can easily set priorities.		\supset							
I do what it takes to finish a project even if I do not find it enjoyable.		\supset							_
I often have difficulty verbally expressing my thoughts to others.		\supset							
I can easily fit into any group work setting.		\supset							
It is easy for me to use the scientific approach when solving problems.		\supset							_

	1 - SD	2	<u> </u>	3	4 :	6 - SA
Professional writing is easy for me.						
I am easily overwhelmed by data.			\bigcirc	\bigcirc	$\overline{}$	
It is difficult for me to remember information I only hear.						
I am confident whenever I need to lead a group project.						
I know where to find relevant information from good sources when I need it.						
It is easy for me to find the information that I need using search engines like Google.						
It is easy for me to follow verbal instructions.						
I am an effective leader in group settings.						
I usually understand information that I read.						
I like having opportunities to improve my leadership skills.						
I am comfortable learning to use new technology when working on a project.						
I am not sure what it means to dress "professionally."						
I typically comprehend information that someone tells me verbally.						
It is easy for me to integrate information from a wide variety of sources.						
I struggle to manage my time.			$\supset \subset$			
I rarely procrastinate when working on projects.						
I prefer to work alone on projects.			$\supset \subset$	$\bigcirc($		
It is easy for me to use data when making decisions.						
I have trouble working in groups successfully.						
I struggle with being self- motivated in my work.						
I have the analytical skills to work with data.						
I often feel lost when trying to read professional publications.						
I can persuasively present my ideas in talking with others.						
I think I do some of my best work in group settings.						
I can easily organize information into a database.						

Section 2 - Aspects of Face-to-Face Communication

Please respond to the following statements about your experiences with face-to-face conversations with people you meet for the first time. Let "1" be "Never" and 7 be "Always"

3. *

Mark only one oval per row.

	1 Never	2	3	4	5	6 Always
It is easy for me to start a conversation when I meet a person for the first time.						
It is easy for me to keep the conversation going when I meet a person for the first time.						
I am confident that I could start a conversation with just about anyone.						
While at a social event with lots of strangers, I feel comfortable approaching a stranger to attempt to begin a conversation.						
When at a social event, it is comfortable for me to join a group of one or two other people who are engaged in a conversation that interests me.						
People often think of me as a good conversationalist.						
I would take a job in industry that requires a lot of interaction with others because I can start a conversation with anyone.						
On the first day of school, I am comfortable to start a conversation with other students.						
At social events, it is easy for me to open a conversation with a stranger.						
When I am talking with an acquaintance, I tend to give occasional feedback to let the person know I am listening.						
I try to include everyone in a group conversation whenever possible.						
I watch for signs of boredom or lack of interest when talking with someone.						
I show enthusiasm about interests that others share with me.						
I make sure that the time spent in small talk conversations is balanced between giving and receiving information.						
When I am talking with a friend, I tend to give occasional feedback to let the person know I am listening.						

Section 3 - More on Interpersonal Communication Efficacy

Please use the scale below as a guide, and then answer each of the following statements.

5 = I am extremely good at this; I'd feel very comfortable and could handle this situation very well

4 = I am good at this; I'd feel quite comfortable and able to handle this situation

3 = I am OK at this; I'd feel somewhat uncomfortable and have some difficultly handling this situation

2 = I am only fair at this; I'd feel uncomfortable and would have lots of difficulty handling this situation 1 = I'm poor at this; I'd feel so uncomfortable and unable to handle this situation, I would avoid it if possible

4.	Asking or suggesting to someone new that you get together and do something, e.g., to go out together. $\mbox{\ensuremath{^{\ast}}}$
	Mark only one oval.
	I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
	I'm good that his; I'd feel quite comfortable and be able to handle this situation.
	I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
	I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
	I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.
5.	Finding and suggesting things to do with new people whom you find interesting and attractive. *
	Mark only one oval.
	I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
	I'm good that his; I'd feel quite comfortable and be able to handle this situation.
	I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
	I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
	I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.
6.	Carrying on conversations with someone new whom you think you might like to get to know. * Mark only one oval.
	I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well. I'm good that his; I'd feel quite comfortable and be able to handle this situation.
	I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
	I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
	I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.
7.	Being an interesting and enjoyable person to be with when first getting to know people. * Mark only one oval.
	I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
	I'm good that his; I'd feel quite comfortable and be able to handle this situation.
	I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
	I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
	I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

8. Introducing yourself to someone you might like to get to know (or date). * Mark only one oval.	
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.	
I'm good that his; I'd feel quite comfortable and be able to handle this situation.	
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.	
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.	
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.	
9. Calling (on the phone) a new date/acquaintance to set up a time to get together and do something. *	
Mark only one oval.	
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.	
I'm good that his; I'd feel quite comfortable and be able to handle this situation.	
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.	
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.	
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.	
10. Presenting good first impressions to people you might liketo become friends with (or date). * Mark only one oval.	
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.	
I'm good that his; I'd feel quite comfortable and be able to handle this situation.	
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.	
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.	
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.	
11. Going to parties or gatherings where you don't know people well in order to start up new relationships. * Mark only one oval.	
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.	
I'm good that his; I'd feel quite comfortable and be able to handle this situation.	
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.	
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.	
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.	
12. Revealing something intimate about yourself while talking with someone you're just getting to know. *	
Mark only one oval.	
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.	
I'm good that his; I'd feel quite comfortable and be able to handle this situation.	
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.	
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.	
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.	

13. Confiding in a new friend/date and letting him or her see your softer, more sensitive side. * Mark only one oval.
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
I'm good that his; I'd feel quite comfortable and be able to handle this situation.
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.
14. Telling a close companion things about yourself that your're ashamed of. * Mark only one oval.
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
I'm good that his; I'd feel quite comfortable and be able to handle this situation.
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.
15. Letting a new campanion get to know the "real you." * Mark only one oval.
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
I'm good that his; I'd feel quite comfortable and be able to handle this situation.
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.
16. Letting down your protective "outer shell" and trusting a close companion. * Mark only one oval.
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
I'm good that his; I'd feel quite comfortable and be able to handle this situation.
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.
17. Telling a close companion about the things that secretly make you feel anxious or afraid. * Mark only one oval.
I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
I'm good that his; I'd feel quite comfortable and be able to handle this situation.
I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation.
I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

18.	. Telling a close companion how much you appreciate and care for him or her. * Mark only one oval.
	I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well. I'm good that his; I'd feel quite comfortable and be able to handle this situation. I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation
	I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation. I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.
19.	Knowing how to move a conversation with a date / acquaintance beyond superficial talk to really get to know each other. * Mark only one oval.
	I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well. I'm good that his; I'd feel quite comfortable and be able to handle this situation. I'm OK at this; I'd feel somwhat uncomfortable and have some difficulty handling this situation. I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
	I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

Aspects of Disclosure

Please respond to the following statements using this scale:

5 = AMOST ALWAYS

4 = OFTEN

3 = SOMETIMES

2 = SELDOM

1 = NEVER

20. *

Mark only one oval per row.

	1 - NEVER	2 - SELDOM	3 - SOMETIMES	4 - OFTEN	5 - ALWAYS
I allow friends to see who I really am					
Other people know what I am thinking					
I reveal how I feel to others					
I can put myself in others' shoes					
I don't know exactly what others are feeling					
Other people think I understand them					
I am comfortable in social situations					
I feel relaxed in small group settings					
I feel insecure in groups of strangers					
My conversations are pretty one-sided					
I let others know that I understand whey they say					
My mind wanders during conversations					
My conversations are characterized by smooth shifts from one topic to the next					
I take charge of conversations I'm in by negotiating what topics we talk about					
In conversations with friends, I perceive not only what they say but what they don't say					

Final Section

You're almost done!!! We just need to get a little information about you before you finish.

21. Age * <i>Mark only one oval.</i>								
18-21								
22-26								
27-35								
36-45								
Above 45								

	Male
	Female
	Other
	Rather not say
	s your ethnic background? * oly one oval.
	Caucasian
	HIspanic, Mexican, Mexican-American
	African American
	Asian, Asian American
	Other
	Rather not say
	Other:
A sib more	er has completed a year or of college ling has completed a year or of college E Units Earned Prior to This Semester *
_	aly one oval.
	No units earned yet
	1 - 15 units
	16 - 30 units
	31 - 60 units
	61 or more units
	cademic Major? (if undecided about you just enter "undecided") *
(For ex	r of an Honor Society? * ample Psi Beta, Phi Theta Kappa, Alpha Gamma Sigma, or anothe

28. College Psychology Courses - if any - You Have Completed? Please check all that apply. Mark only one oval per row.

	Yes
Introductory Psychology	
Research Methods	
Statistics	
Social Psychology	
Child or Developmental Psychology	
Abnormal Psychology	
Other psychology course not listed here	

- 29. If yes, which Honor Society (or Societies) are you a member of?
- 30. What school are you attending? (Please enter the full name of your college and not just the college's initials) *

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