

Psi Beta Research Study (2019-20)

Focus on Workforce Skills

* Required

Overview and Consent to Participate

You are invited to participate in this study.

This study investigates two topics: 1) Engaging in face-to-face conversations, and 2) self-confidence in four job skill areas. The job skills being measured are Communication, Collaboration, Analytic Inquiry, and Self-Management. There are no right or wrong answers, so please be frank and help us better understand how college students rate their present level of conversational comfort and job skill preparation.

We are also examining the relationship between several different conversational scales, so at times it may seem as if you are being asked the same question, but it is important that you answer each question as accurately as possible.

Participants must be at least 18 years old. The research team conducting this study may present the findings at a professional conference or in a journal publication, but

- The identity of all participants will remain unknown. Your responses shall remain completely anonymous.
- This study involves very little risk. There is no harm or discomfort associated with this study beyond those encountered in normal daily life.
- There are no guaranteed benefits for participating in the study. Your participation is voluntary.
- There is no cost to you for participating.
- You may refuse to be in the study or stop at any time without penalty.
- Any research data collected will be stored securely on password protected computers and secure servers for an indefinite period. The stored data will not include information that could identify you (like your name or student ID). Only members of the research team will have access to the data.
- If you have any questions, comments, or concerns regarding this research, please contact the Co-Principal Investigators, Dr. Jerry Rudmann at Irvine Valley College, CA by email at jerryrudmann@gmail.com or Dr. Katherine Wickes at Blinn College, TX at katherine.wickes@blinn.edu. Please contact Loris Fagioli, Director, Office of Research, Planning and Accreditation at Irvine Valley College, 949-451-5513, for answers to pertinent questions about the research and research participants' rights, and in the event of a research-related injury to the subject.
- Indicating "yes" below indicates that you have read the above information in this consent form and agree to participate by answering the question on the questionnaire below. Choosing "yes" also confirms that you are at least 18 years of age.

1. Voluntary Consent Acknowledgment *

Indicating "yes" below indicates that you have read the above information in this consent form and agree to participate by answering the question on the questionnaire below. Choosing "yes" also confirms that you are at least 18 years of age.

Mark only one oval.

☐ Yes

☐ No *Stop filling out this form.*

Instructions! Please read the following!

Please respond to the following items. Be honest - there are no right or wrong answers. Use the following scale, with "1" being "Strongly Disagree" and "6" being "Strongly Agree"

2. Section 1 - Workplace Skills *

Mark only one oval per row.

ITEMS
FROM
ESSES
(Clarocco &
Strohmetz
2018)

		1 - SD	2	3	4	5	6 - SA
✓ E1	I feel comfortable working in group settings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E2	I would rather be the person who gets to lead a group project.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E3	People easily understand what I mean when I am talking to them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E4	I struggle to manipulate numbers in a spreadsheet.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E5	Writing is not a strong skill for me.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E6	I can easily think of ways for testing my research questions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E7	I prefer not to volunteer for more than I have to already do.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E8	I can persuasively present my ideas through my writing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E9	My mind seems to go blank when I have to speak in front of a group of people.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E10	I have difficulty delegating when working in groups.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E11	I feel uncomfortable in professional settings.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E12	I have trouble evaluating the quality of information I get from publications.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E13	I struggle to gather the information from reliable sources.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E14	People often misunderstand my point when reading my writing.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E15	I have difficulty planning a project from start to finish.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E16	I typically remember all information I read.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E17	Others sometimes believe that I can be somewhat unreliable in meeting deadlines.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E18	My mind tends to wander when someone is verbally telling me what needs to be done.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E19	It is easy for me to follow written directions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E20	I can easily use software to create tables and graphs to effectively display information.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E21	I am eager to learn new information.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E22	When I have multiple projects, I can easily set priorities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E23	I do what it takes to finish a project even if I do not find it enjoyable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E24	I often have difficulty verbally expressing my thoughts to others.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E25	I can easily fit into any group work setting.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E26	It is easy for me to use the scientific approach when solving problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Note: See
Clarocco +
Strohmetz (2016)
to know which ESSES
items go to each
ESSES subscale

	1 - SD	2	3	4	5	6 - SA
E 27 Professional writing is easy for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 28 I am easily overwhelmed by data.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 29 It is difficult for me to remember information I only hear.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 30 I am confident whenever I need to lead a group project.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 31 I know where to find relevant information from good sources when I need it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 32 It is easy for me to find the information that I need using search engines like Google.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 33 It is easy for me to follow verbal instructions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 34 I am an effective leader in group settings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 35 I usually understand information that I read.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 36 I like having opportunities to improve my leadership skills.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 37 I am comfortable learning to use new technology when working on a project.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 38 I am not sure what it means to dress "professionally."	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 39 I typically comprehend information that someone tells me verbally.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 40 It is easy for me to integrate information from a wide variety of sources.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 41 I struggle to manage my time.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 42 I rarely procrastinate when working on projects.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 43 I prefer to work alone on projects.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 44 It is easy for me to use data when making decisions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 45 I have trouble working in groups successfully.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 46 I struggle with being self-motivated in my work.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 47 I have the analytical skills to work with data.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 48 I often feel lost when trying to read professional publications.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 49 I can persuasively present my ideas in talking with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 50 I think I do some of my best work in group settings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E 51 I can easily organize information into a database.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Section 2 - Aspects of Face-to-Face Communication

Please respond to the following statements about your experiences with face-to-face conversations with people you meet for the first time. Let "1" be "Never" and 7 be "Always"

3. *

Mark only one oval per row.

IVC Interpersonal COMMUNICATIONS Scale

	1	Never	2	3	4	5	6	Always
ICS 1 It is easy for me to start a conversation when I meet a person for the first time.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 2 It is easy for me to keep the conversation going when I meet a person for the first time.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 3 I am confident that I could start a conversation with just about anyone.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 4 While at a social event with lots of strangers, I feel comfortable approaching a stranger to attempt to begin a conversation.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 5 When at a social event, it is comfortable for me to join a group of one or two other people who are engaged in a conversation that interests me.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 6 People often think of me as a good conversationalist.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 7 I would take a job in industry that requires a lot of interaction with others because I can start a conversation with anyone.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 8 On the first day of school, I am comfortable starting a conversation with other students.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 9 At social events, it is easy for me to open a conversation with a stranger.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 10 When I am talking with an acquaintance, I tend to give occasional feedback to let the person know I am listening.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 11 I try to include everyone in a group conversation whenever possible.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 12 I watch for signs of boredom or lack of interest when talking with someone.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 13 I show enthusiasm about interests that others share with me.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 14 I make sure that the time spent in small talk conversations is balanced between giving and receiving information.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
ICS 15 When I am talking with a friend, I tend to give occasional feedback to let the person know I am listening.	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

ICS subscale:
EFFICACY FOR INITIATING CONVERSATIONS

ICS subscale
EFFICACY FOR MANAGING A BALANCED CONVERSATION

Section 3 - More on Interpersonal Communication Efficacy

Please use the scale below as a guide, and then answer each of the following statements.

- 5 = I am extremely good at this; I'd feel very comfortable and could handle this situation very well
- 4 = I am good at this; I'd feel quite comfortable and able to handle this situation
- 3 = I am OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation

ICQ Items

2 = I am only fair at this; I'd feel uncomfortable and would have lots of difficulty handling this situation
1 = I'm poor at this; I'd feel so uncomfortable and unable to handle this situation, I would avoid it if possible

#1-8
INITIATING
A
CONVERSATION

ICQ 1

Asking or suggesting to someone new that you get together and do something, e.g., to go out together. *

Mark only one oval.

- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
- ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
- ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
- ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
- ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

#9-16
DISCLOSURE
WHILE
CONVERSING

5. Finding and suggesting things to do with new people whom you find interesting and attractive. *

Mark only one oval.

- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
- ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
- ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
- ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
- ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

ICQ 2

6. Carrying on conversations with someone new whom you think you might like to get to know. *

Mark only one oval.

- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
- ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
- ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
- ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
- ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

ICQ 3

7. Being an interesting and enjoyable person to be with when first getting to know people. *

Mark only one oval.

- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
- ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
- ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
- ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
- ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

ICQ 4

ICQ
Subscale
INITIATING A
CONVERSATION
#1 TO #8

8. Introducing yourself to someone you might like to get to know (or date). *

Mark only one oval.

- ICQ 5
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

9. Calling (on the phone) a new date/acquaintance to set up a time to get together and do something. *

Mark only one oval.

- ICQ 6
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

10. Presenting good first impressions to people you might like to become friends with (or date). *

Mark only one oval.

- ICQ 7
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

11. Going to parties or gatherings where you don't know people well in order to start up new relationships. *

Mark only one oval.

- ICQ 8
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

12. Revealing something intimate about yourself while talking with someone you're just getting to know. *

Mark only one oval.

- ICQ 9
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

13. Confiding in a new friend/date and letting him or her see your softer, more sensitive side. *

Mark only one oval.

- ICQ 10
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

14. Telling a close companion things about yourself that you are ashamed of. *

Mark only one oval.

- ICQ 11
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

15. Letting a new companion get to know the "real you." *

Mark only one oval.

- ICQ 12
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

ICQ subscale:
DISCLOSURE while
CONVERSING
9 to #16

16. Letting down your protective "outer shell" and trusting a close companion. *

Mark only one oval.

- ICQ 13
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

17. Telling a close companion about the things that secretly make you feel anxious or afraid. *

Mark only one oval.

- ICQ 14
- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
 - ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
 - ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
 - ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
 - ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

18. Telling a close companion how much you appreciate and care for him or her. *

Mark only one oval.

- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
- ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
- ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
- ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
- ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

19. Knowing how to move a conversation with a date / acquaintance beyond superficial talk to really get to know each other. *

Mark only one oval.

- ☐ I am EXTREMELY good at this; I'd feel very comfortable and could handle this situation well.
- ☐ I'm good at this; I'd feel quite comfortable and be able to handle this situation.
- ☐ I'm OK at this; I'd feel somewhat uncomfortable and have some difficulty handling this situation.
- ☐ I'm only fair at this; I'd feel uncomfortable and have some difficulty handling this situation.
- ☐ I'm poor at this; I'd feel so uncomfortable and unable this situation, I'd avoid it if possible.

Aspects of Disclosure

Please respond to the following statements using this scale:

5 = AMOST ALWAYS

4 = OFTEN

3 = SOMETIMES

2 = SELDOM

1 = NEVER

20. *

Mark only one oval per row.

9

ICCS subscales

		1- NEVER	2- SELDOM	3- SOMETIMES	4- OFTEN	5- ALWAYS	
Self-Disclosure ICCS 1-3	ICCS 1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Self-Disclosure 1-3
	ICCS 2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	ICCS 3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Empathy ICCS 4-6	ICCS 4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Empathy 4-6
	ICCS 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	ICCS 6	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Social Relaxation ICCS 7-9	ICCS 7	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Social Relaxation 7-9
	ICCS 8	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	ICCS 9	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Allothercentrism ICCS 10-12	ICCS 10	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Allothercentrism 10-12
	ICCS 11	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	ICCS 12	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Interaction Management ICCS 13-15	ICCS 13	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Interaction Management 13-15
	ICCS 14	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	ICCS 15	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

Final Section

You're almost done!!! We just need to get a little information about you before you finish.

21. Age *

Mark only one oval.

- ☐ 18-21
- ☐ 22-26
- ☐ 27-35
- ☐ 36-45
- ☐ Above 45

AGE

Gender

22. What gender do you identify yourself as? *

Mark only one oval.

- ☐ Male
- ☐ Female
- ☐ Other
- ☐ Rather not say

ETHNIC

23. What is your ethnic background? *

Mark only one oval.

- ☐ Caucasian
- ☐ Hispanic, Mexican, Mexican-American
- ☐ African American
- ☐ Asian, Asian American
- ☐ Other
- ☐ Rather not say
- ☐ Other: _____

college - FAM

24. College Participation by Family Members (Select all that apply)

Mark only one oval per row.

	Yes
Mother has completed a year or more of college	<input type="radio"/>
Father has completed a year or more of college	<input type="radio"/>
A sibling has completed a year or more of college	<input type="radio"/>

college - UNITS

25. College Units Earned Prior to This Semester *

Mark only one oval.

- ☐ No units earned yet
- ☐ 1 - 15 units
- ☐ 16 - 30 units
- ☐ 31 - 60 units
- ☐ 61 or more units

MAJOR

26. Your Academic Major? (if undecided about you major, just enter "undecided") *

psyc - courses

11

27. College Psychology Courses - if any - You Have Completed? Please check all that apply.

Mark only one oval per row.

	Yes
Introductory Psychology	<input type="radio"/>
Research Methods	<input type="radio"/>
Statistics	<input type="radio"/>
Social Psychology	<input type="radio"/>
Child or Developmental Psychology	<input type="radio"/>
Abnormal Psychology	<input type="radio"/>
Other psychology course not listed here	<input type="radio"/>

Honor soc

28. Member of an Honor Society? *

(For example Psi Beta, Phi Theta Kappa, Alpha Gamma Sigma, or another)

Mark only one oval.

☐ Yes

☐ No

society

29. If yes, which Honor Society (or Societies) are you a member of?

30. What school are you attending? (Please enter the full name of your college and not just the college's initials) *

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