INFORMED CONSENT - Thank you for considering participating in this study! The study's main purpose is to investigate factors associated with college connectedness. For this study, you will complete an online questionnaire that will take approximately 20 minutes. The questionnaire includes items designed to measure factors that may be related to the extent you feel a connection with your college. There are no risks to you as a participant in this study. You will be asked to reflect on several characteristics that are true of you, so there are no wrong answers.

VOLUNTARY - Your participation is voluntary.

CONFIDENTIALITY – Your responses to the research questionnaire will not, in any way, be connected to your name. Furthermore, all identifying information (e.g., the name of your college) will be deleted from the file two days after the study ends.

RIGHT TO WITHDRAW WITHOUT PENALTY – During the study, you have the right to withdraw any time without penalty. If, however, one of your instructors has agreed to allocate extra credit for your participation, withdrawing from the study may result in the loss of that extra credit. We have advised participating professors to limit the amount of extra credit to no more than 1% of the grade on an exam to avoid unfairly penalizing any student who chooses not to participate or who withdraws before completing the study.

POSSIBLE EXTRA-CREDIT - The amount of extra credit, if any, will be determined by your professor who will allocate the extra credit on a report confirming that you have completed the study. Your professor will not have access to the responses you provide in this study, but just a list of participants’ names.

QUESTIONS OR CONCERNS? If you have questions about this study, Loris Fagioli, Director, Office of Research, Planning and Accreditation, at 949-451-5513 for answers to pertinent questions about the research and research participants’ rights, and in the event of a research-related injury. Contact the study’s principle investigator at jerryrudmann@gmail.com with questions about the study.

1. Informed Consent *
   
   Mark only one oval.
   
   ☐ Yes, I give my consent to participate
   
   ☐ No, I do not give consent to participate
   
   ☐ Other: 
What college do you attend? *

Mark only one oval.

☐ Cerritos College
☐ College of DuPage
☐ College of Western Idaho
☐ Irvine Valley College
☐ San Diego Mesa College
☐ South Texas College
☐ Other: ____________________________

Interpersonal Communication Comfort
Questionnaire

3. 1. It is easy for me to start conversations when I meet a person for the first time. *
   E1
   Mark only one oval.

   1  2  3  4  5

   Strongly Disagree  ☐  ☐  ☐  ☐  ☐  Strongly Agree

4. 2. It is easy for me to keep conversations going when I meet a person for the first time. *
   E2
   Mark only one oval.

   1  2  3  4  5

   Strongly Disagree  ☐  ☐  ☐  ☐  ☐  Strongly Agree
5. While at a social event with lots of strangers, I feel comfortable approaching a stranger to attempt to begin a conversation. *

Mark only one oval.

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<td>Strongly Disagree</td>
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<td>Strongly Agree</td>
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6. At social events, it is easy for me to open a conversation with a stranger. *

Mark only one oval.

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7. When at a social event, it’s comfortable for me to join a group of one or two other people who are engaged in a conversation that interests me. *

Mark only one oval.

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8. People often think of me as a good conversationalist. *

Mark only one oval.

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<td>Strongly Agree</td>
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9. I would like a job in an industry that requires a lot of interaction with others because I can start a conversation with anyone. *

Mark only one oval.

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<td>Strongly Disagree</td>
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10. I am confident that I could start a conversation with just about anyone. *

Mark only one oval.

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<tr>
<td>Strongly Agree</td>
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11. On the first day of school, I am comfortable to start a conversation with other students. *

Mark only one oval.

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<td>Strongly Agree</td>
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Interpersonal Communication Comfort Questionnaire

Part II: Interest in Learning Effective Interpersonal Communication Skills

We'll call this the "I-Scale"
10. I am interested in knowing more about skills that would help me improve my comfort level when I start a conversation with other people in social situations. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree   Strongly Agree

11. I am interested in knowing more about skills that would help me improve my ability to keep the conversation going when I am in a conversation with other people in social situations. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree   Strongly Agree

12. I am interested in knowing more about skills that would help me improve my ability to show my interest when I am in a conversation with other people in social situations. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree   Strongly Agree
15. I am interested in knowing more about skills that would help me improve my ability to show my concern when I am in a conversation with other people in social situations. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree Strongly Agree

16. I am interested in knowing more about skills that would help me improve my ability to tactfully end conversations with others in a social situation when I am engaged in a conversation with them. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree Strongly Agree

Interpersonal Competence Comfort Questionnaire

Part III: Efficacy for Facilitating Balanced (two-way) Conversations

Let’s call this the “C-scale”

17. I try to include everyone in a group conversation whenever possible. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree Strongly Agree
16. I watch for signs of boredom or lack of interest when talking with someone. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree  Strongly Agree

17. I show enthusiasm about interests that others share with me. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree  Strongly Agree

18. I make sure that the time spent in small talk conversations is balanced between giving and receiving information. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree  Strongly Agree

19. When I am talking with a friend, I tend to give occasional feedback to let the person know I am listening. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree  Strongly Agree
22. When I am talking with an acquaintance, I tend to give occasional feedback to let the person know I am listening. *

Mark only one oval.

1 2 3 4 5

Strongly Disagree  ☐ ☐ ☐ ☐ ☐ Strongly Agree

Interpersonal Competence

23. The COVID-19 pandemic has made it more difficult for me to talk to others.

Mark only one oval.

1 2 3 4 5

Strongly Disagree  ☐ ☐ ☐ ☐ ☐ Strongly Agree

COVID_1

24. I feel that my social skills have gotten worse in the last 18 months.

Mark only one oval.

1 2 3 4 5

Strongly Disagree  ☐ ☐ ☐ ☐ ☐ Strongly Agree

COVID_2

25. I desire social interaction more than I did before the pandemic.

Mark only one oval.

1 2 3 4 5

Strongly Disagree  ☐ ☐ ☐ ☐ ☐ Strongly Agree

COVID_3
College Connectedness Questionnaire

This set of questions concerns how well you are "connected" to the college you are attending. NOTE: if you are attending more than one college, please answer this set of questions in terms of the college you feel is your "home" college.

This the the College Connectedness Scale - let's call it the "CC-Scale"

21. To what extent are you well-acquainted with an instructor, staff member, or administrator at your college? *

CC1

Mark only one oval.

1 2 3 4 5

Not at all 1 2 3 4 5 Extremely

22. To what extent would you welcome having an instructor, staff person, or administrator serve as your mentor? *

CC2

Mark only one oval.

1 2 3 4 5

Not at all 1 2 3 4 5 Extremely

23. To what extent are you involved in a club, honor society, athletic team, or other student group? *

CC3

Mark only one oval.

1 2 3 4 5

Not at all 1 2 3 4 5 Extremely
29. 24. To what extent are you interested in finding a campus organization to join that is just right for you? *

Mark only one oval.

1 2 3 4 5

Not at all  ☐  ☐  ☐  ☐  ☐  Extremely

30. 25. Are you taking any performance-based classes (e.g., dance, debate, drama, band) at this college this semester? *

Mark only one oval.

☐ Yes
☐ No

31. 26. Would you like information on any of you college’s performance-based classes and programs? *

Mark only one oval.

☐ Yes
☐ No
☐ Unsure

32. 27. To what extent are you involved one (or more) study groups at your college? *

Mark only one oval.

1 2 3 4 5

Not at all  ☐  ☐  ☐  ☐  ☐  Extremely
33. To what extent would you like assistance in joining a study group at your college? *

Mark only one oval.

1  2  3  4  5

Not at all  [ ]  [ ]  [ ]  [ ]  [ ]  Extremely

34. To what extent do you feel connected with new friends at your college? *

Mark only one oval.

1  2  3  4  5

Not at all  [ ]  [ ]  [ ]  [ ]  [ ]  Extremely

35. To what extent are you interested in meeting additional friends at your college? *

Mark only one oval.

1  2  3  4  5

Not at all  [ ]  [ ]  [ ]  [ ]  [ ]  Extremely

36. Since beginning courses at your college, have you purchased ANY ITEM with the college logo on it (e.g., t-shirt, coffee cup, bumper sticker, etc.)? *

Mark only one oval.

[ ] Yes

[ ] No

We are leaving this out of the CC-scale. Go to CC9.
32. To what extent do you come to your college for reasons other than taking classes (e.g., socialize, use the library resources, study, etc.)? *

Mark only one oval.

1  2  3  4  5

Not at all  ○  ○  ○  ○  ○  Extremely often

33. To what extent do you feel CONNECTED to your college? *

Mark only one oval.

1  2  3  4  5

Not at all  ○  ○  ○  ○  ○  Extremely

34. To what extent do you feel PROUD to be a student at your college? *

Mark only one oval.

1  2  3  4  5

Not at all  ○  ○  ○  ○  ○  Extremely

35. To what extent do you think that attending your college is the BEST choice you could have made? *

Mark only one oval.

1  2  3  4  5

Not at all  ○  ○  ○  ○  ○  Extremely
41. 36. To what extent would you recommend your college to a friend? *

CC13 Mark only one oval.

1 2 3 4 5
Not at all ☐ ☐ ☐ ☐ ☐ Extremely

42. 37. To what extent do you meet friends or acquaintances on the college campus to socialize, study, or engage in a conversation? *

CC14 Mark only one oval.

1 2 3 4 5
Not at all ☐ ☐ ☐ ☐ ☐ Extremely

43. 38. How many semesters, including this semester, have you been in college?

Semesters

Ten-Item Personality Inventory We can call this the T-Scale
It is a very short version of the Big Five personality inventory.
44. Here are a number of personality traits that may or may not apply to you. Please indicate the extent to which you agree or disagree with that statement. You should rate the extent to which the pair of traits applies to you, even if one characteristic applies more strongly than the other. *

Mark only one oval per row.

<table>
<thead>
<tr>
<th>Disagree strongly</th>
<th>Disagree moderately</th>
<th>Disagree a little</th>
<th>Neither agree nor disagree</th>
<th>Agree a little</th>
<th>Agree moderately</th>
<th>Agree strongly</th>
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<tbody>
<tr>
<td><strong>T1</strong> Extraverted, enthusiastic</td>
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<td><strong>T2</strong> Critical, quarrelsome</td>
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<td><strong>T3</strong> Dependable, self-disciplined</td>
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<td><strong>T4</strong> Anxious, easily upset</td>
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<td><strong>T5</strong> Open to new experiences, complex</td>
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<td><strong>T6</strong> Reserved, quiet</td>
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<td><strong>T7</strong> Sympathetic, warm</td>
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<td><strong>T8</strong> Disorganized, careless</td>
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<td><strong>T9</strong> Calm, emotionally stable</td>
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<tr>
<td><strong>T10</strong> Conventional, uncreative</td>
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Please read each item carefully and decide to what extent it is characteristic of your feelings and behavior. Click on the best choice for each item. As you will see, these 20 items are designed to measure your level of shyness.

45. 1. I feel tense when I'm with people I don't know well. *

Mark only one oval.

S1

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<tr>
<td><strong>Very Characteristic</strong></td>
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46. 2. During conversations with new acquaintances, I worry about saying something dumb. *

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Mark only one oval.

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47. 3. I am socially somewhat awkward. *

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48. 4. I do not find it difficult to ask other people for information. *

*Mark only one oval.*

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49. 5. I am often uncomfortable at parties and other social gatherings. *

*Mark only one oval.*

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50. 6. When in a group of people, I have trouble thinking of the right things to talk about. *

*Mark only one oval.*

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51. 7. I feel relaxed even in unfamiliar social situations. *

*Mark only one oval.*

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52. 8. It is hard for me to act natural when I am meeting new people. *

Mark only one oval.

1 2 3 4 5

Very Uncharacteristic Very Characteristic

53. 9. I feel painfully self-conscious when I am around strangers. *

Mark only one oval.

1 2 3 4 5

Very Uncharacteristic Very Characteristic

54. 10. I am confident about my social skills. *

Mark only one oval.

R

1 2 3 4 5

Very Uncharacteristic Very Characteristic

55. 11. I feel nervous when speaking to someone in authority. *

Mark only one oval.

S11

1 2 3 4 5

Very Uncharacteristic Very Characteristic
56. 12. I have trouble looking someone right in the eye. *

Mark only one oval.

S12

1  2  3  4  5

Very Uncharacteristic  □ □ □ □ □  Very Characteristic

57. 13. I am usually a person who initiates conversation. *

Mark only one oval.

S13

R

1  2  3  4  5

Very Uncharacteristic  □ □ □ □ □  Very Characteristic

58. 14. I often have doubts about whether other people like to be with me. *

Mark only one oval.

S14

1  2  3  4  5

Very Uncharacteristic  □ □ □ □ □  Very Characteristic

59. 15. Sometimes being introduced to new people makes me feel physically upset (for example, having an upset stomach, pounding heart, or heat rash). *

Mark only one oval.

S15

1  2  3  4  5

Very Uncharacteristic  □ □ □ □ □  Very Characteristic
60. 16. I do not find it hard to talk to strangers. *

*Mark only one oval.*

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61. 17. I worry about how well I will get along with new acquaintances. *

*Mark only one oval.*

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62. 18. It does not take me long to overcome my shyness in a new situation. *

*Mark only one oval.*

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63. 19. I feel inhibited in social situations. *

*Mark only one oval.*

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**Social Media Usage Aims Scale**

We are interested in how you feel about the following statements. Please read each statement carefully and indicate how you feel about each statement.

*We'll call this the SM-Scale*
64. I use social media to stay in touch with friends or people I know. *

Mark only one oval.

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Strongly Disagree     |     |     |     |     | Strongly Agree

65. I use social media to find out what acquaintances or friends are doing now. *

Mark only one oval.

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Strongly Disagree     |     |     |     |     | Strongly Agree

66. I use social media to maintain relationships with people I may not get to see very often. *

Mark only one oval.

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Strongly Disagree     |     |     |     |     | Strongly Agree

67. I use social media to stay in touch with relatives. *

Mark only one oval.

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Strongly Disagree     |     |     |     |     | Strongly Agree
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<tr>
<th>Question</th>
<th>Mark only one oval</th>
<th>Rating Scale</th>
<th>Agreeing Agreement</th>
</tr>
</thead>
<tbody>
<tr>
<td>I use social media to meet new friends.</td>
<td><strong>SM5</strong></td>
<td>1 2 3 4 5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>I use social media to develop a romantic relationship.</td>
<td><strong>SM6</strong></td>
<td>1 2 3 4 5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>I use social media to stay in touch with friends or people I know.</td>
<td><strong>SM7</strong></td>
<td>1 2 3 4 5</td>
<td>Strongly Disagree</td>
</tr>
<tr>
<td>I use social media to because my friends do.</td>
<td><strong>SM8</strong></td>
<td>1 2 3 4 5</td>
<td>Strongly Disagree</td>
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</table>
72. I use social media primarily for socializing. *

Mark only one oval.

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Strongly Disagree □ □ □ □ □ Strongly Agree

73. I use social media to as a popularity contest to have more Facebook friends. *

Mark only one oval.

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Strongly Disagree □ □ □ □ □ Strongly Agree

74. I use social media to be cool. *

Mark only one oval.

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Strongly Disagree □ □ □ □ □ Strongly Agree

75. I use social media to find information about celebrities and keep track of them. *

Mark only one oval.

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Strongly Disagree □ □ □ □ □ Strongly Agree
76. I use social media to update my own status, profile. *

Mark only one oval.

Strongly Disagree    1    2    3    4    5    Strongly Agree

77. I use social media to occupy my time. *

Mark only one oval.

Strongly Disagree    1    2    3    4    5    Strongly Agree

78. I use social media to pass time when bored. *

Mark only one oval.

Strongly Disagree    1    2    3    4    5    Strongly Agree

79. I use social media to distract myself. *

Mark only one oval.

Strongly Disagree    1    2    3    4    5    Strongly Agree
80. I use social media to use applications within Facebook. *

Mark only one oval.

SM17

1 2 3 4 5

Strongly Disagree   Strongly Agree

81. I use social media to store and organize photographs. *

Mark only one oval.

SM18

1 2 3 4 5

Strongly Disagree   Strongly Agree

82. I use social media to create an activity group. *

Mark only one oval.

SM19

1 2 3 4 5

Strongly Disagree   Strongly Agree

83. I use social media to store and organize contact information (such as e-mail addresses). *

SM20 Mark only one oval.

1 2 3 4 5

Strongly Disagree   Strongly Agree
84. I use social media to store and organize birthdates and appointments. *

Mark only one oval.

Strongly Disagree [ ] [ ] [ ] [ ] [ ] Strongly Agree

85. I use social media to play games. *

Mark only one oval.

Strongly Disagree [ ] [ ] [ ] [ ] [ ] Strongly Agree

86. I use social media to listen to music. *

Mark only one oval.

Strongly Disagree [ ] [ ] [ ] [ ] [ ] Strongly Agree

87. I use social media to read funny text (joke, riddles, stories, etc.). *

Mark only one oval.

Strongly Disagree [ ] [ ] [ ] [ ] [ ] Strongly Agree
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<thead>
<tr>
<th></th>
<th>Question</th>
<th>Rating</th>
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<tbody>
<tr>
<td>88</td>
<td>I use social media to share videos and images.</td>
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<td>89</td>
<td>I use social media to find or spread information.</td>
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<td>90</td>
<td>I use social media to keep abreast of current events.</td>
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<td>91</td>
<td>I use social media to express my views on a subject.</td>
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92. I use social media to access activities for educational purposes. *

Mark only one oval.

SM29

1 2 3 4 5

Strongly Disagree Strongly Agree

93. I use social media to reach materials about course subject. *

Mark only one oval.

SM30

1 2 3 4 5

Strongly Disagree Strongly Agree

94. I use social media to join an educational or instructional group. *

Mark only one oval.

SM31

1 2 3 4 5

Strongly Disagree Strongly Agree

Social Media Use Questionnaire

Let's call the the SMU-scale

95. I struggle to stay in locations where I won’t be able to access social network sites. *

Mark only one oval.

SMU1

1 2 3 4 5

Never Always
96. I feel angry when I am not able to access my social network account. *

*Mark only one oval.

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97. My relatives and friends complain that I spend too much time using social network sites. *

*Mark only one oval.

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98. I lose track of time when using social network sites. *

*Mark only one oval.

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99. I use social network sites when I am in the company of friends. *

*Mark only one oval.

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100. I feel anxious when I am not able to check my social network account. *

*Mark only one oval.*

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101. I stay online longer than initially intended. *

*Mark only one oval.*

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102. I spend a large proportion of my day using social network sites. *

*Mark only one oval.*

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103. I feel guilty about the time that I spend on social network sites. *

*Mark only one oval.*

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Social Media Changes

Call this the SMC-scale
104. I use social media more than I did before the pandemic. *

**SMC1**  
Mark only one oval.

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<th>Strongly Agree</th>
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<td>Strongly Disagree</td>
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105. The way I use social media has changed during the pandemic. *

**SMC2**  
Mark only one oval.

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<td>Strongly Disagree</td>
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106. Social media has become my primary social outlet during the pandemic. *

**SMC3**  
Mark only one oval.

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<td>Strongly Disagree</td>
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Final Section

107. What is your one preferred social media platform (Instagram, Twitter, Snapchat, etc.)? *

**Fav_Platform**
108. How much time on average do you spend on your preferred social media platform each day? (For iPhone, go to Settings > Screen Time > See All Activity > Select platform from list > type in daily average. For Android, go to Settings > Apps > Select platform from list > Click on App Timer > see Screen Time below > Type in daily average in terms of hours (e.g., 1.5)

109. What is your gender?

Sex

110. What is your age (report in years)? *

Age

111. Are you a full-time or part-time college student? *

Mark only one oval.

FT_PT

☐ Full-time (enrolled in 12 or more units this semester)

☐ Part-time (enrolled in less than 12 units this semester)
112. What is your racial/ethnic background *

*Mark only one oval.*

- White/European American
- Hispanic/Latino
- Black/African American
- Asian/Asian American
- Native/Indigenous
- Mixed race
- Rather not say
- Other: _______________________

113. Did you mother complete one or more years of college? *

*Mark only one oval.*

- Yes
- No
- Not sure

114. Did you father complete one or more years of college? *

*Mark only one oval.*

- Yes
- No
- Not sure
115. Did a sibling complete one or more years of college? *

*Mark only one oval.*

- Yes
- No
- Not sure
- Not applicable

116. What is your intended academic major? (You can type "undecided" if you do not know.) *


117. Are you a member of an honor society (for example, Psi Beta or Phi Theta Kappa)? *

*Mark only one oval.*

- Yes
- No
- Not sure

This completes the research questionnaire. Thank you for your participation.